



**The Ohio Psychology
Internship Brochure
2014-2015**

Ohio Psychology Internship Program

Program Philosophy

The philosophy of the program is to provide each intern with sequential and graded training through a wide range of psychological experiences, thereby identifying and highlighting the areas of competence necessary to become a well-rounded clinician. Interns practice in the areas of assessment and evaluation, as well as individual, group, family and marital treatment. Licensed psychologists supervise all interns with an emphasis on shadowing and modeling. Along with the above experiences, interns attend treatment team meetings, various staff meetings, case conferences, seminars, and workshops.

Model of Training

- The Ohio Psychology Internship Program follows a community based practitioner model. The internship is a consortium of agencies that represent different facets of the community mental health system. Interns are trained to work as psychologists within a continuum of community mental health services. Interns gain exposure to clients as they experience different layers of the mental health system. For example, interns may work with a client recently discharged from an inpatient hospital who enters outpatient services at a community mental health center. Similarly, interns can work with clients in a Community based correctional facility and then continue services in an outpatient community agency.
- The consortium agencies provide training in a continuum of community based care:
 1. Least restrictive to most restrictive level of care
 2. Voluntary treatment to court ordered to incarcerated
 3. Adjustment disorders to severe mental illness
 4. Preschool age through gerontology clients
 5. Crisis to outpatient, to incarcerated, to return to community
- Interns choose sites based on primary training interest and are exposed to all levels of community based treatment through didactic seminars and joint case presentations.
- Interns are provided training experiences that enable them to enter employment in a variety of community settings - including a wide range of community forensic services, inpatient treatment, and community mental health.

APA Accreditation

The Commission on Accreditation (American Psychological Association, 750 First Street N.W., Washington D.C. (202) 336-5500) voted to award the program a 7 year accreditation. The next APA accreditation site visit will be held in 2020.

Number of Positions

Currently there are seven full-time positions available through the Psychology Internship.

- Two interns spend 2 1/2 days each week at Coleman Professional Services and 2 1/2 days each week at Summit Psychological Associates.
- Five interns are placed at Summit Psychological Associates, Inc./Oriana House Forensic Services, for the full year.

When applying for the internship, the applicant will specify the track(s) for which he/she has an interest. Each track has a separate match number, and an applicant can apply to one or more tracks. If matched, the intern will remain within that track the full year. Interns do not rotate through each of the tracks during the internship year. Interns from all tracks will interact during didactic seminars and internship meetings.

Requirements of the Internship

Clinical requirements for each track may vary based on the population served or the focus of training. In addition to the clinical requirements of the specific track, interns of all three tracks complete requirements for the internship consortium.

- Each intern must attend two hours per week of individual supervision and attends the track's group supervision as scheduled each week.
- Interns are expected to complete at least six comprehensive psychological evaluations during the internship year.
- Interns complete three case studies during the internship year: one individual case study, one multicultural case study and one group/marital/family case study.
- Each intern will be observed providing different clinical services, to include group and individual therapy observations.
- In conjunction with supervision each intern must assume responsibility for the psychological treatment and record keeping of patients assigned to him/her during the internship year. These responsibilities include intake interview, development of a treatment plan, coordination of treatment, and follow-up planning with other professionals involved with the case. All of the listed activities are to be conducted under the close supervision of the intern's supervising psychologist.
- Interns are encouraged to become familiar with the crisis management activities that are performed at their rotation sites.
- Interns are required to complete one presentation to the staff and other interns. This presentation can include case presentations, dissertation or other research, or a topic of interest to the intern that could help further educate the other clinicians.

- Interns participate in a research presentation with the training director and the other interns.

Intern Quarterly Evaluation

Each intern is provided with feedback regarding their performance at the end of each quarter. During this evaluation, the supervisor and intern will discuss the intern's progress during that quarter, including ethical and professional behavior, clinical skills, paperwork, evaluation and report-writing skills, etc. This procedure is to ensure that all interns are making adequate progress throughout the year.

Seminars

In addition to the individual instruction provided by each intern's supervisor, the training committee has coordinated a series of seminars. These required seminars cover a variety of clinical topics. The topics of seminars for the 2013-2014 Internship year included: Ethics and Telehealth Ethics, DBT, Mindfulness, Supervision, Forensic Psychology, Working with Children, Developmental Disabilities, and Diagnostic Interviewing. Interns frequently suggest additional training topics to the training committee.

Benefits

Stipend and Benefits: The stipend for interns is \$17,500 for a 12-month period. A comprehensive medical insurance and basic life insurance plan are available with the intern paying a portion. Worker's Compensation is provided. Interns are required to show proof of malpractice insurance which can be purchased through an APA-endorsed policy at student rates, provided to student members of APA, or can be a part of their university coverage.

Vacation Time: The internship is 12 months in duration, beginning July 1 and ending June 30. A total of 10 days are provided for sick, personal and/or vacation days. An additional 2 days are provided for professional development (dissertation work, conferences, or post-doc interviews). Interns are also permitted to flex working hours. Hours must be flexed within a single pay period. Arrangements and approval for these days off are made through the intern's supervisor and the agency's human resource department. Holidays off are determined by the intern's placement site.

Special Opportunities

Chief Intern Position: Each year interns select one or two Chief Intern(s) to attend and actively participate in the Ohio Psychology Internship Training Committee. The Chief Intern is provided

time away from his/her rotation site to attend all Training Committee meetings. Duties and responsibilities of the Chief Intern are as follows:

- 1) Greet and introduce presenter at seminars.
- 2) Take intern attendance at all seminars.
- 3) Attend all Training Committee meetings.
- 4) Represent the interns to the Training Committee and act as a liaison between the Committee and the interns.
- 5) Provide leadership to interns.
- 6) Assist in planning and participate in interview days.
- 7) Assist in arranging internship retreat and graduation.

Diversity Committee: Interns can also be part of the Internship Diversity Committee, which provides current and relevant cultural diversity information to the intern group, incoming interns and internship applicants. An internship supervisor serves as the coordinator for the Diversity Committee. Interns wanting to join the Diversity Committee can self-nominate, be nominated by another intern, or be nominated by a supervisor.

Individual Descriptions of Each Track

Adult and Child Outpatient Mental Health

Coleman Professional Services/Summit Psychological Associates, Inc.: Interns placed in the adult and child outpatient mental health track split their time between Coleman Professional Services, working mainly at the Kent location, and Summit Psychological Associates, Inc, working mainly at the Ravenna office. One of the more rewarding aspects about this internship is the breadth of experiences you will get during this year, including training in individual therapy, group therapy, and psychological evaluations. Moreover, interns receive the opportunity to work with a wide age range of clients and experience exposure to forensic experiences, which are further highlighted below. The interns in this track work approximately 40 hours per week. This track consists mostly of individual therapy, yet also includes opportunities in group therapy and psychological evaluations.

Coleman Professional Services:

Interns spend 19 hours weekly at this site, which is a community mental health center serving the child and adult populations.

Individual Therapy

The majority of the week at Coleman Professional Services, approximately 13-14 hours, will be spent conducting individual therapy. Individual therapy clients who seek services at Coleman Professional Services are typically lower SES, as the center provides opportunities to those who typically could not afford such services. Clients present with a wide range of diagnoses and presenting problems including depression, anxiety, personality disorders, developmental disabilities, trauma, schizophrenia, physical and sexual abuse, loss and grief. While individual therapy clients are typically adults, there may be some opportunities to work with children and adolescents. In addition, there are opportunities to work with forensic clients who are typically mandated for therapy for reasons related to child custody, anger management, or clients with other charges who are on probation or parole with a condition that they need mental health treatment.

Intakes/Diagnostic Assessments

Interns are scheduled for approximately 3 hours each week in order to conduct intakes/diagnostic assignments at the Ravenna office of Coleman Professional Services. Interns have the opportunity to hone their diagnostic interviewing skills while assessing the needs of the client to best determine the appropriate services and referrals.

Other Opportunities

In addition to the above-mentioned opportunities, there exist other possibilities exclusive to Coleman Professional Services, including couples counseling, psychological evaluations, and working within a multidisciplinary team.

Summit Psychological Associates, Inc.:

Interns spend 19 hours weekly at this site, which is a large private outpatient agency providing therapy and forensic services to the community.

Individual Therapy

The majority of this setting is also focused on individual therapy. Individual counseling can be with children, adolescents, adults and clients with developmental disabilities. There are a wide range of presenting concerns including depression, anxiety, personality disorders, trauma, substance abuse, victims of abuse, loss and grief. Interns can also have the opportunity to provide couples counseling and to work with individually with clients in the sex offender group program.

Group Therapy

Interns typically spend 2-3 hours a week leading groups. After a period of training, interns run some groups independently, including parenting groups, domestic violence and anger management groups and drug and alcohol groups. Both the domestic violence and substance abuse groups consist of clients on probation who are court-ordered to participate in the program.

The groups are psycho-educational and manual-based approaches. Interns also have the opportunity to co-lead level one sex offender treatment groups with their primary supervisor.

Other Opportunities

There are also opportunities for family therapy, as well as conducting diagnostic interviews. In addition, the entire clinical staff meets for one hour each week to increase training and consult on difficult cases. Interns are encouraged to discuss their cases during this time. Finally, the supervisors (as well as all other clinical staff) are very open to drop-in supervision/consultation and are always around for questions.

Internship Staff for Adult and Child Mental Health Track

Dr. Deborah Walsh

Dr. Meryl Orlando

Dr. Frank Gorbett

Dr. Edith Todd

Outpatient Forensic Services Track

Forensic Services: The forensic services track is housed mainly at the Akron office of Summit Psychological Associates, Inc. Other locations which offer training opportunities include the Canton office of Summit Psychological Associates, Inc., local county jails for evaluations, the Summit County Jail and Oriana House community-based correctional facilities. One of the most valuable elements of this internship is the breadth of outpatient and community forensic experiences that interns will receive during the year. The interns in forensic services work 39 hours per week. This track consists mostly of forensic outpatient evaluations and court-ordered group therapy, but it also includes individual therapy.

Forensic Evaluations

Evaluations are a large part of the forensic services track and constitute roughly 10 hours of your working week (this includes report writing). The evaluations include parenting fitness evaluations, child custody evaluations, sexual offender risk assessments (both for adults and juveniles), pre-sentencing investigations, competency evaluations (for both adults and juveniles), fitness for duty evaluations, insanity evaluations, evaluations to determine if clients with developmental disabilities are still in need of services, guardianship evaluations, and psycho-diagnostic evaluations for individuals discharged from the Bureau of Prisons. As mentioned previously, most of the evaluations take place in the Akron office of Summit Psychological Associates, Inc., but they can also occur at the Summit County Jail or the Portage County Jail. Interns are also given the opportunity to provide court testimony regarding their evaluations. While under supervision, most interns testify in court at least once, if not more frequently, during

their internship year. Interns may also observe supervisors testifying on an evaluation completed together if not specifically called to testify.

Group Therapy

The therapy portion of this internship track is largely group-based. Roughly 10 hours of your work week will be devoted to leading or co-leading groups. After a period of training, interns run most groups on their own, except for the sexual offender groups or Batterer's Intervention Program groups. Groups that are led individually by interns include a parenting group, for individuals referred by protective services agencies, domestic violence (DV) and anger management groups, for court ordered individuals charged with assault or DV, and drug and alcohol groups, for court ordered individuals who have drug/alcohol charges or who have committed a crime while intoxicated. Groups that are co-led include sexual offender treatment groups (both adult and juvenile), for court ordered individuals who have pled guilty to a sex offense, the Batterer's Intervention Program groups, which are court-ordered to individuals with felonious domestic violence charges and the Sex Offender groups for clients with developmental disabilities. Other groups that are held off-site at community-based correctional facilities include Coping Skills for women who have substance-related charges, Healthy Outlets (similar to Coping Skills) for women who have substance-related and solicitation charges, New Directions (mindfulness-based) for women who have substance-related charges, Anger Management for women who have violence-related charges, and similar groups for men. Most groups are psycho-educational and manual-based approaches.

Individual Therapy

Interns will spend roughly 8 hours of your week in individual therapy. It should also be noted that these hours are just an estimate based on current interns' hours, but supervisors are extremely open to feedback and will help tailor schedules slightly in order than interns achieve preferred experiences. Individual therapy clients are both forensic and non-forensic. Examples of forensic therapy clients might include federal clients who were recently released from prison and need mental health treatment as a condition of their release, sexual offender clients who require individual therapy along with sex offender group treatment, or clients with other charges who are on probation or parole with a condition that they need mental health treatment. Non-forensic clients maintain a wide-range of diagnoses and needs. Presenting concerns may include depression, anxiety, personality disorders, schizophrenia, mental retardation and developmental disabilities, traumatic brain injured patients, and abuse victims. Individual therapy clients can be children, adolescents, or adults, with the majority being adults.

Other Opportunities

This internship also provides other opportunities to interns not included in the above categories. After a period of training, interns begin completing intakes/diagnostic assessments on incoming clients. Intakes constitute approximately 2-5 hours of your work week. An intern

serves as the liaison between Summit Psychological Associates, Inc. and the Batterer's Intervention Program, which includes probation officers, lawyers, and a judge. The group meets weekly at the courthouse, and the intern who participates attends these meetings once per month to ensure open-communication. Another intern serves as the liaison between the male community-based prison and Summit Psychological Associates, Inc. by attending their weekly team meetings.

Each intern receives two hours of individual supervision per week. Also, the entire clinical staff meets for one hour each week to increase training and consult on difficult cases. Interns are encouraged to discuss their cases during this time. Interns also meet with the forensic post-doctoral trainee for an additional hour of group supervision. The supervisors, as well as all other clinical staff, are very open to drop-in supervision/consultation and are always available for questions.

Internship Staff for Outpatient Forensic Services

Dr. Deborah Walsh

Dr. Meryl Orlando

Dr. James Orlando

Dr. Elisa Vittoria

Dr. Sylvia O'Bradovich

How to Apply to the Internship Program

Admission to the Psychology Internship Program is open to qualified individuals. In our effort to create a learning environment that builds on the unique characteristics of trainees and welcomes diversity, applicants of all minority groups are strongly encouraged to apply. Applicants are expected to have appropriate preparation from a clinical or counseling psychology program. To be considered for admission, a prospective intern should fulfill the following requirements:

- Submit a completed APPIC application for Psychology Internship by the deadline date. Along with this application, they should also submit:
 - Official transcripts demonstrating evidence of completion of a master's level program, plus all required course work in clinical or counseling psychology for a doctoral program at an accredited university.
 - Two work samples demonstrating clinical report writing skills.
 - Provide three letters of recommendation: one from the Department Chairperson, one from the Clinical Training Director if designated or from the intern's advisor, and one from another professional who is familiar with the intern's character and clinical level of expertise. A Faculty member more familiar with the student can be substituted for the Department Chairperson when the Chair is not able to provide a personal recommendation.

For further information, contact:

Deborah R. Walsh, Ph.D., Training Director, Ohio Psychology Internship Program,
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The internship agrees to abide by the APPIC Policy that no representative of the program will solicit, accept or use any ranking-related information from any intern applicant prior to Uniform Notification Day.