

**OHIO PSYCHOLOGY INTERNSHIP PROGRAM**

**DIVERSITY COMMITTEE**

**DIVERSITY RESOURCES DOCUMENT**

*Multicultural Resources for Clinicians, Clientele, and Students*

Disclaimer: This resource packet is an ongoing project and is not completed. Additional minority groups and cultures will be added in the upcoming months.

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## Clinician Resources

### 1. Guidelines for Practice When Working with a Diverse Clientele

- i. <http://www.apa.org/practice/guidelines/multicultural.pdf>  
“Guidelines on Multicultural Education, Training, Research, Practice, and Organizational Change for Psychologists” – approved as APA policy in 2002
- ii. <http://www.apa.org/pi/oema/resources/policy/provider-guidelines.aspx>  
“Guidelines for Providers of Psychological Services to Ethnic, Linguistic, and Culturally Diverse Populations”
- iii. [http://www.wpath.org/publications\\_standards.cfm](http://www.wpath.org/publications_standards.cfm)  
For LGBTQ Clientele. Includes the last version of the Harry Benjamin Standards of Care.
- iv. <http://www.apa.org/pi/lgbt/resources/guidelines.aspx>  
Guidelines for providers working with LGTB clients, provided by the APA.
- v. <http://mhccc-fsasj.org/newsletter.html>  
Offers basic guidelines to decrease attrition rates amongst the various populations.
- vi. [http://www.g-gej.org/1-2/religious\\_clients.html](http://www.g-gej.org/1-2/religious_clients.html)  
Ethical Considerations for Working with Religious Clients
- vii. <http://arapaho.nsuok.edu/~celaya/readings/diverse.pdf>  
Guidelines for Providers for Working with Diverse Patients.
- viii. <http://www.drexel.edu/psychology/about/diversity/>  
Diversity in Psychology: Extensive resource of clinically relevant information for diverse populations.
- ix. <http://www.apa.org/pubs/info/brochures/treatment-minority.aspx?item=1>  
Brief Brochure on Psychological Treatment of Ethnic Minority Populations suggested Readings, Videos, and Books

### 2. Readings:

- i. General Readings:
  - Sue, S., Fujino, D. C., Hu, L., Takeuchi, D. T., & Zane, N. W. S. (1991). Community mental health services for ethnic minority

groups: A test of the cultural responsiveness hypothesis. *Journal of Consulting and Clinical Psychology*, 59(4), 533-540.

- Sue, S. (2009). Ethnic minority psychology: Struggles and triumphs. *Cultural Diversity and Ethnic Minority Psychology*, 15(4), 409-415.
  - Franklin, A. J. (2009). Reflections on ethnic minority psychology: Learning from our past so the present informs our future. *Cultural Diversity and Ethnic Minority Psychology*, 15(4), 416-424.
- ii. Readings on Latino Populations:
- Arredondo, P. (2002). Mujeres Latinas-santas y marquesas [Latin women: Saints and royalty]. *Cultural Diversity and Ethnic Minority Psychology*, 8, 1-12.
  - Arredondo, P. (2004). Psychotherapy with Chicanas. In R. J. Velasquez, L. Arellano, & B. McNeill (Eds.), *Handbook of Chicana/o psychology and mental health* (pp. 231-250). Hillsdale, NJ: Erlbaum.
  - Santiago-Rivera, A., Arredondo, P., & Gallardo-Cooper, M. (2002). *Counseling Latinos and la familia: A guide for practitioners*. Thousand Oaks, CA: Sage Publications.
- iii. Readings on African American Populations
- Jamison, D. F. (2008). Through the prism of black psychology: A critical review of conceptual and methodological issues in africology as seen through the paradigmatic lens of black psychology. *Journal of Pan African Studies (Online)*, Article date: March 1, 2008.
  - Azibo, D. A. y. (2003). *African-Centered Psychology: Culture-Focusing for Multicultural Competence*. Durham, NC: Carolina Academic Press.
- iv. Readings on Asian American Populations
- Kohatsu, E. L., Dulay, M., Lam, C., Concepcion, W., et al. (2000). Using racial identity theory to explore racial mistrust and interracial contact among asian americans. *Journal of Counseling and Development*, Article date: July 1, 2000.
- v. Readings on LGBTQ Populations
- ABCT Special Interest Group (SIG) for the Study of Gay, Lesbian, Bisexual, and Transgender Issues.

<http://www.aabt.org/sigs/sigs.html>. SIG dedicated to promoting LGBTQ research within ABCT.

- American Psychological Association (APA) Guidelines for Psycho-therapy with Lesbian, Gay, and Bisexual Clients <http://www.apa.org/pi/lgbcp/publications/guidelines.html>
- APA Policy Statements on Lesbian and Gay Issues. <http://www.apa.org/pi/statemen.html>
- APA Division 44 (Society for the Psychological Study of Lesbian, Gay, and Bisexual Issues). <http://www.apa.org/divisions/div44>. Contains information regarding APA's position on working with LGB clients, current LGB research, and the Division 44 newsletter.
- The Bisexual Resource Center. <http://www.biresource.org/> The Bisexual Resource Center is an international organization providing education about and support for bisexual and progressive issues.
- Gay and Lesbian Medical Association (GLMA) <http://www.glma.org>. Dedicated to ensure equality in health care for LGBTQ individuals and health care professionals.
- The Kinsey Institute. <http://www.indiana.edu/~kinsey/> The Kinsey Institute conducts research on sexual behavior and health and individual and gender differences in sexual response. Listing of current publications on their website.
- AFFIRM: Psychologists Affirming their LGBTQ Family. <http://naples.cc.sunysb.edu/CAS/affirm.nsf> Network of psychologists dedicated to supporting LGBTQ family members. Website includes an extensive bibliography of literature about working with LGBTQ clients and a list serve for therapists wishing to network with other professionals.
- The Harry Benjamin International Gender Dysphoria Association, Inc: Guidelines for Care with Transgender Individuals. <http://www.hbigda.org/> Professional organization dedicated to the understanding and treatment of gender identity disorders. Website includes information on standards of care for persons with gender identity disorders and links to other LGBTQ-related web resources.

- The Queer Resources Directory. <http://www.qrd.org/> International site with wide range of information and links to other sites including information on religion, parenting, legal issues, and health issues.
- International Foundation for Gender Education. <http://www.ifge.org/index.php> Foundation addressing a broad range of issues related to gender and sexual orientation. Website includes information about printed resources, employment issues facing LGBTQ individuals, and current LGBT-related news.
- Transcend: Transgender Support & Education Society. <http://www.transgender.org/transcend/index.htm>. Organization dedicated to addressing the social, political and economic conditions that negatively impact transgender and intersex individuals. Provides peer advocacy and information about selecting an appropriate service provider.
- Other LGTBQ resources:
  - i. <http://www.heretohelp.bc.ca/publications/visions/LGBT/bck/5>
  - ii. [http://www.colage.org/resources/transgender\\_family.htm](http://www.colage.org/resources/transgender_family.htm)

### 3. Videos:

- i. *Culturally-Oriented Career Counseling*  
Nadya A. Fouad
- ii. *Ethnocultural Psychotherapy*  
Lillian Comas-Diaz
- iii. *Inclusive Cultural Empathy in Practice*  
Paul B. Pedersen
- iv. *Mixed-Race Identities*  
Maria P. P. Root
- v. *Counseling Latina/Latino Clients Using a Family Systems Perspective*  
Joseph M. Cervantes
- vi. *Working With African American Clients*  
Thomas A. Parham

- vii. *Working With Arab Americans*  
Naji Abi-Hashem
- viii. *Working With Asian American Clients*  
Jean Lau Chin
- ix. *Working With Native Americans*  
Winona F. Simms
- x. **The Adventures of Priscilla, Queen of the Desert.** A road movie about three transgender women driving through Australia. Toward the end of the film, one character meets her young son. 1994. Written and directed by Stephan Elliot.
- xi. **The Adventures of Sebastien Cole.** A coming of age indie film about a teenager who lives with his transgender step-parent and engages in risky behavior. The parent's coming out scene is fairly realistic, but there is an unrealistic death that may be difficult for some viewers. 1998. Rated R. Written and directed by Tod Williams.
- xii. **All About My Father.** - This documentary is a touching portrait of a well-respected doctor and cross-dresser in a small Christian community in Norway, told with warmth and nostalgia by the only person who could make such a film - his son. 2002, Norway. Directed by Even Benestad.  
<http://www.nfi.no/english/norwegianfilms/show.html?id=16>
- xiii. **In My Shoes.** A documentary film directed by Jen Gilomen and produced by the COLAGE Youth Leadership in Action Program. This film follows the lives of five youth from LGBTQ families and includes one youth being raised by her transgender (FTM) guardian. This is a great tool for raising public awareness of issues impacting COLAGERS.  
[www.colage.org/inmyshoes/](http://www.colage.org/inmyshoes/)
- xiv. **Myth of Father.** This documentary by Paul Hill provides an intimate look into the lives of Paul's family as they relate to his MTF father. 2003.  
[hillyboob.com/MOF/MOFMain.htm](http://hillyboob.com/MOF/MOFMain.htm)
- xv. **No Dumb Questions. A film by Melissa Regan.** - This documentary follows three young girls' conversations about gender and acceptance when they learn that Uncle Bill will soon be Aunt Barbara. This is a good resource for talking to younger children about a family member's transition.  
[www.nodumbquestions.com](http://www.nodumbquestions.com)



- xvi. **Normal** - An HBO film directed by Jane Andersen and starring Jessica Lange and Tom Wilkinson. This movie follows husband and father Roy through his coming out and transition, addressing the reactions of his wife, co-workers, and two children.  
[www.hbo.com/films/normal](http://www.hbo.com/films/normal)
- xvii. **Southern Comfort**. This tender documentary follows Robert Eads, a female-to-male transsexual, through the final year of his life as he battles ovarian cancer. One of Robert's adult sons is interviewed about his mom. 2001. Directed by Kate Davis.  
[www.nextwavefilms.com/southern/](http://www.nextwavefilms.com/southern/)
- xviii. **Transamerica**. The critically acclaimed film starring Felicity Huffman as a transgender woman who discovers she is the father of a grown son and embarks on a cross-country road trip. This movie explores issues of family, passing, and secrecy, and is intended for an adult audience. 2005. Directed by Duncan Tucker.
- xix. **Transparent**. A documentary film by Jules Rosskam about 19 female-to-male transsexuals living in the United States who have given birth and, in all but a few stories, gone on to raise their biological children. 2005.  
[www.transparentthemovie.com](http://www.transparentthemovie.com)
- xx. **You Don't Know Dick: Courageous Hearts of Transsexual Men**. A documentary film featuring six transmen reflecting on their experience of transition from female to male. One of the men has three grown children who are interviewed, one of whom is still struggling with her parent's transition. 1997. Produced and directed by Candace Schermerhorn and Bestor Cram.

#### 4. Books:

- i. General:
- *Assessing and Treating Culturally Diverse Clients: A Practical Guide*  
Freddy A. Paniagua
  - *110 Experiences for Multicultural Learning*  
Paul B. Pedersen
  - *Acculturation: Advances in Theory, Measurement, and Applied Research*  
Edited by Kevin M. Chun, Pamela Balls Organista, and Gerardo Marin

- *Addressing Cultural Complexities in Practice, Second Edition: Assessment, Diagnosis, and Therapy*  
Pamela A. Hays
  - *Culture and Competence: Contexts of Life Success*  
Edited by Robert J. Sternberg and Elena L. Grigorenko
  - *Ethnocultural Aspects of Posttraumatic Stress Disorder: Issues, Research, and Clinical Applications*  
Edited by Anthony J. Marsella, Matthew J. Friedman, Ellen T. Gerrity, and Raymond M. Scurfield.
- ii. Books on African American Psychology:
- <http://www.apa.org/pi/families/resources/african-american-psychology.pdf>  
Selected Bibliography on the History of African American Psychology
  - Belgrave, F. Z., & Allison, K. W. (2009). *African American Psychology: From Africa to America*. Thousand Oaks, CA: Sage Publications, Inc.
  - Burlew, A. K., Banks, W. C., McAdoo, H. P., & Azibo, D. A. Y. (1999). *African American Psychology: Theory, research, and practice*. Thousand Oaks, CA: Sage Publications, Inc.
  - Landrine, H., & Klonoff, E. A. (1996). *African American Acculturation: Deconstructing Race and Reviving Culture*. Thousand Oaks, CA: Sage Publications, Inc.
- iii. Books on LGBTQ:
- <http://rainbowbooks.wordpress.com/>  
Book reviews of LGBTQ books for youth and teens.
  - [A Mental Health Recovery and Community Integration Guide for LGBTQI Individuals: What You Need to Know](#)- This 12-page colorful booklet covers a range of key issues in mental health recovery and community integration such as treatment and rehabilitation, financial support, housing, employment, and peer support with specific information to address the unique needs of LGBTQI individuals embedded throughout.
  - [LGBTQI Mental Health: Recommendations for Policies and Services](#)- a companion publication to the booklet, *A Mental Health Recovery and Community Integration Guide for LGBTQI Individuals: What You Need to Know*, providing

important considerations for service providers and policy makers, including an assessment of the barriers faced by LGBTQI individuals seeking mental health care, recommendations for practical strategies to address these barriers and a resource list.

- Bernstein, G.S. (1995). *Not heterosexual: An educational program about gay, lesbian, and bisexual people*. Denver, CO: GSB Productions.
- Lev, A.I. (2004). *Transgender emergence: Therapeutic guidelines for working with gender-variant people and their families*. Binghamton, NY: Haworth Clinical Practice Press.
- Maguen, S., Shipherd, J.C. & Harris, H.N. (Year?, month). Providing culturally sensitive care for transgender patients. Paper presented at the Annual Meeting of the Association for the Advancement of Behavior Therapy, Boston.
- Bernstein, G.S., & Miller, M.E. (1995). Behavior therapy with lesbian and gay individuals. In M. Hersen, R.M. Eisler, & P.M. Miller (Eds.), *Progress in behavior modification: Vol. 30* (pp. 19-45). Newbury Park, CA: Sage.
- Israel, G.E., & Tarver, D.E. (1997). *Transgender care: Recommended guidelines, practical information and personal accounts*. Philadelphia, PA: Temple University Press.
- Martell, C. R., Safren, S. A., & Prince, S. E. (2003). *Cognitive-behavioral therapies with lesbian, gay, and bisexual clients*. New York: Guilford Press.
- **Dress Codes- Of Three Girlhoods - My Mother's, My Father's, and Mine** *N. Howey, Picador USA, NY. 2002*. The adult daughter of a straight mother and transgender father provides a memoir of moving observations, that captures the experience of growing up with a transgender father in suburban Ohio.
- **Families Like Mine: Children of Gay Parents Tell it Like it Is.** *A. Garner. Harper Collins. 2004*. This book interweaves the author's personal experiences of growing up with a gay father and straight mother, with those of other adult children of LGBTQ parents, based on 8 years of activism and over 50 interviews. Features several adults with one or more transgender parent/s. Abigail's website also featured archived advice columns to LGBTQ parents.

[www.familieslikemine.com](http://www.familieslikemine.com)

- **I Hope the Blood Never Washes Off Your Hands: Transgender Parenting Crossing the Lines**, by Loree Cook-Daniels, in *Home Front: Controversies in Nontraditional Parenting*, edited by Jess Wells. Alyson Books. 2000. An essay by the partner of an FTM parent who birthed their son, which examines the social challenges of transgender parenting.
- **Love Makes a Family: Portraits of Lesbian, Gay, Bisexual, and Transgender Parents and their Families**, Peggy Gillespie. University of Massachusetts Press. 1999. A book filled with loving portraits and stories of LGBTQ families.
- **Luna**. J.A. Peters. Little, Brown, and Co. 2004. A young adult novel written from the perspective of the sister of a transgender youth. Appropriate for ages 12 and up.
- **Out of the Ordinary: Essays on Growing Up with Gay, Lesbian, and Transgender Parents** - N. Howey, and E. Samuels (ed). St. Martin's Press. New York, NY. 2000. A unique anthology of stories written by teens and adults with lesbian, gay, and transgender parents. This is the largest collection of essays by people with transgender parents and is highly recommended for teens and adults.
- **The Ties That (Don't) Bind: Transgender Family Law and the Unmaking of Families**, by Taylor Flynn, in *Transgender Rights*, edited by P. Currah, R. Juang, and S. Minter. U of Minnesota Press. 2006. This essay provides an overview of family law as it has been applied to transgender parents.
- **Transformations: Cross-dressers and Those Who Love Them**, Mariette Pathy Allen. Dutton. 1989. Portraits of cross-dressers, some of whom are photographed with their children.
- **Trans Forming Families: Real Stories About Transgendered Loved Ones** - M. Boenke. Waterford Press. 1999. Thirty one stories by spouses, parents, children, and friends exploring the journey, struggle, and delight of having a transgendered loved one.
- **Transgender Emergence: Therapeutic Guidelines for Working with Gender-Variant People and Their Families**. Arlene Istar Lev. Haworth Press. 2004. A guide for therapists working with transgender clients and their families from a clinical and

theoretical perspective.

- **Transgender Tapestry** - A magazine focused on transgender living, featuring an advice column by therapist Ari Lev that often discusses family issues as well as an extensive resource section. Published by the International Foundation for Gender Education (IFGE).  
[www.ifge.org/Category15-All.phtml](http://www.ifge.org/Category15-All.phtml)
- **Transition and Beyond: Observations on Gender Identity.** R. Vanderburgh, MA, LMFT. Q Press. 2007. A book for therapists, family, and transgender people that explains the many issues of gender transition, written by a trans therapist. One chapter focuses specifically on coming out to children.  
[www.transtherapist.com](http://www.transtherapist.com)
- **True Selves: Understanding Transsexualism for Family, Friends, Coworkers and Helping Professionals** M. Brown, and C. Rounsley. Jossey-Bass. 1996. Practical information to help people close to a trans person to understand transgenderism.
- **Trumpet** J. Kay, Pantheon Books, 1998. Fictional work that describes how a widow and adult son cope when the FTM father dies and his transsexuality becomes public.

## 5. Psychological Articles

### i. Minority Clientele

- Harper, G. W., & Iwamasa, G. Y. (2000). Cognitive-behavioral therapy with ethnic minority adolescents: Therapist perspectives. *Cognitive and Behavioral Practice*, 7(1), 37-53.
- González, H. M., Tarraf, W., Whitfield, K. E., & Vega, W. A. (2010). The epidemiology of major depression and ethnicity in the United States. *Journal of Psychiatric Research*, 44(15), 1043-1051.
- Betancourt, H., & Lopez, S. R. (1993). Study of culture, ethnicity, and race in American psychology. *American Psychologist*, 48(6), 629-637.

### ii. Latino Clientele

- [http://www.nctsn.net/nctsn\\_assets/pdfs/culture\\_and\\_trauma\\_brief\\_v2n3\\_LatinoHispanicChildren.pdf](http://www.nctsn.net/nctsn_assets/pdfs/culture_and_trauma_brief_v2n3_LatinoHispanicChildren.pdf)

A culture and trauma brief by the National Child Traumatic Stress Network: Preliminary Adaptations for Working with Traumatized Latino/Hispanic Children and Their Families. Offers background

information, experiences of trauma, treatment recommendations, ideas on how to integrate cultural values into the therapeutic process, key cultural values, and references/resources.

- [http://www.thefreelibrary.com/\\_/print/PrintArticle.aspx?id=126557377](http://www.thefreelibrary.com/_/print/PrintArticle.aspx?id=126557377)  
“Serving Latino Clients with Addictions Using Best Practice Models...” (geared toward Employee Assistance professionals)
  - <http://www.apa.org/monitor/jan05/closingthegap.aspx>  
“Closing the Gap for Latino Patients” – an article from *Monitor on Psychology*. “Research offers insights on ways psychologists can better serve one of America's fastest-growing minority populations.” Additional readings are suggested.
  - <http://www.apadiv31.org/Coop/CulturallySensitiveTherapyWithLatinos.pdf>  
“Culturally Sensitive and Creative Therapy with Latino Clients” – A brief article related to engaging Latino clients in therapy and increasing cultural sensitivity.
  - <http://www.apa.org/pubs/videos/4310723.aspx>  
DVD available for purchase: “Counseling Latina/Latino Clients” – “In *Counseling Latina/Latino Clients*, Dr. Patricia Arredondo demonstrates her contextual, psychohistorical approach to therapy with clients whose heritage is from one of the many Spanish speaking countries. Her approach takes into consideration not just the client as an individual, but the client in context. This means attending to the client's culture, family traditions, religious beliefs, current situation, and historical context. In this session, Dr. Arredondo helps a 39-year-old Latina woman work out how to fit the changes in her life into the context of her family's expectations of her as well as her own life goals.”
  - [http://www.sagepub.com/upm-data/24155\\_ResourceGuideforCounselingLatinoClients.pdf](http://www.sagepub.com/upm-data/24155_ResourceGuideforCounselingLatinoClients.pdf)  
This is a resource guide for a training video for counselors: “Culturally Alert Counseling: Working with Latino/Latino Clients.” DVD available for purchase.
- iii. African American Clientele
- Jackson-Gilfort, A., Liddle, H. A., Tejada, M. J., & Daof, G. A. (2001). Facilitating engagement of African American male adolescents in family therapy: A cultural theme process study. *Journal of Black Psychology*, 27(3), 321-340.

Discusses considerations for psychotherapy with African American adolescents.

- Thompson, V. L. S., Bazile, A., & Akbar, M. (2004). African Americans' perceptions of psychotherapy and psychotherapists. *Professional Psychology: Research and Practice, 35*(1), 19-26. Reviews some implications for psychotherapists when working with African American clients.
  - Constantine, M. G. (2007). Racial microaggressions against African American clients in cross-racial counseling relationships. *Journal of Counseling Psychology, 54*(1), 1-16. Confronts potential conflicts of cross-cultural psychotherapeutic relationships.
  - Knox, S., Burkard, A. W., Johnson, A. J., Suzuki, L. A., & Ponterotto, J. G. (2003). African American and European American Therapists' experiences of addressing race and in cross-racial psychotherapy dyads. *Journal of Counseling Psychology, 50*(4), 466-481. Examines clinical exploration of ethnic identity and cross-culturalism between psychotherapist and client.
- iv. Native American Clientele
- Jackson, K. F., & Hodge, D. R. (2010). Native American youth and culturally sensitive interventions: A systematic review. *Research on Social Work Practice, 20*(3), 260-270.
- v. LGTB Clientele:
- Shipherd, J.C., & Harris, H.N. (2004). Gender as a continuum: Implications for trauma researchers and clinicians. *Traumatic Stress Points, 18*, 9-12.
  - Bernstein, G.S., & Miller, M.E. (1995). Behavior therapy with lesbian and gay individuals. In M. Hersen, R.M. Eisler, & P.M. Miller (Eds.), *Progress in behavior modification: Vol. 30* (pp. 19-45). Newbury Park, CA: Sage.
  - Hart, T. A., & Heimberg, R.G. (2001). Presenting problems among treatment seeking gay, lesbian, and bisexual youth. *Journal of Clinical Psychology, 57*, 615-628.
  - Kaysen, D., Lostutter, T.W., & Goines, M.A. (2005). Cognitive processing therapy for acute stress disorder resulting from an anti-gay assault. *Cognitive and Behavioral Practice, 12*, 278-289.

- Purcell, D.W., Campos, P.E., & Perilla, J.L. (1996). Therapy with lesbian and gay men: A cognitive-behavioral perspective. *Cognitive and Behavioral Practice*, 2, 391-415.
- Safren, S.A., & Rogers, T. (2001). Cognitive-behavioral therapy with lesbian, gay, and bisexual persons. *Journal of Clinical Psychology*, 57, 629-645.
- Safren, S.A., Hollander, G., Hart, T.A., & Heimberg, R.G. (2001). Cognitive-behavioral therapy with lesbian, gay, and bisexual youth. *Cognitive and Behavioral Practice*, 8, 215-223.
- Shidlo, A., & Schroeder, M. (2001, November). Changing one's sexual orientation: A consumer's report. Paper presented at the Annual Meeting of the Association for the Advancement of Behavior Therapy, Philadelphia.
- [Raising Issues: Lesbian, Gay, Bisexual and Transgender People Receiving Services in the Public Mental Health System](#)  
A comprehensive report by Dr. Alicia Lucksted detailing the LGBTQ peoples' experiences receiving mental health services. Extensive analysis of both mental health care provider and consumer viewpoints, as well as examples of best practices of LGBTQ-affirmative self help and mental health programs.
- [Executive Summary](#)  
Summary of Raising Issues report
- [American Psychological Association Longitudinal Study on Bisexual Women](#)
- [Helping Families Support Their Lesbian, Gay, Bisexual, and Transgender \(LGBT\) Children](#)  
Caitlin Ryan, Ph.D., A.C.S.W., Director, Family Acceptance Project™, San Francisco State University; from the National Center for Cultural Competence, Georgetown University Center for Child & Human Development
- [Mental Health Issues among Gay, Lesbian, Bisexual, and Transgender \(LGBT\) People](#)
- [Double Stigma: LGBT People Living with Mental Illness](#)
- [Disparities in Mental Health Treatment among LGBT Populations](#)
- [Mental Health Risk Factors among LGBT Youth](#)



- [Tips and Resources for Family and Friends of LGBT Persons](#)
- [LGBT Terminology](#)
- [Being an Ally for LGBT People](#)
- [LGBT Consumers in the Mental Healthcare System](#)
- [Creating a LGBT-Affirmative Mental Healthcare Practice](#)
- [Suicidal Behavior in GLB Youth](#)
- [Reducing Stigma and Discrimination among People who are Lesbian, Gay, Bisexual, and Transgender](#)  
Training powerpoint, featuring presentations by Mark Davis, Renae Sewell, and Nicholas Love.
- [Community Generated Recommendations to Improve the Behavioral Health Services Provided to Lesbian, Gay, Bisexual, and Transgender Persons in Philadelphia](#)
- [Exclusion to Inclusion of Sexual and Gender Minorities in Behavioral Health Services](#)
- [LGBT Peer Support and Recovery](#)
- [Links to LGBT friendly resources and websites](#)
- [www.abct.org](http://www.abct.org)  
Fact Sheet for Therapists with Lesbian, Gay, Bisexual, and Transgender Clients
- <http://www.haworthpress.com/store/product.asp?sku=J485>  
International Journal on Transgenderism - Journal of the Gay and Lesbian
- <http://www.glma.org/pub/jglma/index.shtml>  
Medical Association
- <http://www.haworthpressinc.com/web/JB/>  
The Journal of Bisexuality
- <http://www.haworthpressinc.com/web/JH/>

## The Journal of Homosexuality

## 6. Facts about Minority Populations

## i. Latino Clientele

- [http://www.nami.org/ADVTemplate.cfm?Section=Advocate\\_ene\\_wletter\\_2010&Template=/ContentManagement/ContentDisplay.cfm&ContentID=103690](http://www.nami.org/ADVTemplate.cfm?Section=Advocate_ene_wletter_2010&Template=/ContentManagement/ContentDisplay.cfm&ContentID=103690)

This is a link to the NAMI (National Alliance on Mental Illness) Advocate magazine. This article discusses the Latino culture and offers information on outreach and education and special considerations when working with this population.

- [http://www.nami.org/Content/NavigationMenu/Find\\_Support/Multicultural\\_Support/Annual\\_Minority\\_Mental\\_Healthcare\\_Symposia/Latino\\_MH06.pdf](http://www.nami.org/Content/NavigationMenu/Find_Support/Multicultural_Support/Annual_Minority_Mental_Healthcare_Symposia/Latino_MH06.pdf)

This is a link to the NAMI website and offers facts regarding the Latino community, including rates of mental illness within this community and barriers to treatment.

- <http://www.nami.org/Template.cfm?Section=Resources&Template=/ContentManagement/ContentDisplay.cfm&ContentID=21025>

This is a link to the NAMI website which offers facts, webinars, and outreach resource manuals regarding the Latino community. Information is available in both English and Spanish.

- [http://www.nami.org/Template.cfm?Section=Women\\_and\\_Depression&Template=/ContentManagement/ContentDisplay.cfm&ContentID=88887](http://www.nami.org/Template.cfm?Section=Women_and_Depression&Template=/ContentManagement/ContentDisplay.cfm&ContentID=88887)

This NAMI link offers information regarding Latina women and depression.

- [http://www.nami.org/Content/ContentGroups/MIO/Fact\\_Sheets1/Latino\\_MH\\_Disparities\\_2003.pdf](http://www.nami.org/Content/ContentGroups/MIO/Fact_Sheets1/Latino_MH_Disparities_2003.pdf)

This NAMI link offers mental health facts regarding the Latino community.

## ii. African American Clientele

- <http://www.theviproom.com/visions/counseli.htm>

Provides history and facts about issues related to African Americans in counseling

- [http://hopecouples.yolasite.com/resources/Strategy\\_Guides/Strategies\\_for\\_African\\_American\\_Spirituality.pdf](http://hopecouples.yolasite.com/resources/Strategy_Guides/Strategies_for_African_American_Spirituality.pdf)

Discusses issues related to spirituality for African Americans in counseling

- <http://www.odu.edu/ao/instadv/quest/StayingTheCourse.html>  
Provides an overview of psychotherapy with African American clients
- <http://www.psychotherapy.net/learning-centers/population/african-american>  
Provides psychotherapy-related resources for African Americans in psychotherapy
- Further readings on psychotherapy with African American Clientele
  - i. Williams, D. R., & Williams-Morris, R. (2000). Racism and mental health: The African American experience. *Ethnic Health*, 5(3-4), 243-268.
  - ii. Whaley, A. L. (2001). Cultural mistrust and mental health services for African Americans: A review and meta-analysis. *The Counseling Psychologist*, 29(4), 513-531.
  - iii. Snowden, L. R., & Thomas, K. (2000). Medicaid and African American outpatient mental health treatment. *Mental Health Services Research*, 2(2), 115-201.
  - iv. McNulty, J. L., Graham, J. R., Ben-Porath, Y. S., & Stein, L. A. R. (1997). Comparative validity of MMPI-2 scores of African American and Caucasian mental health center clients. *Psychological Assessment*, 9(4), 464-470.
- iii. LGBTQ Clientele:
  - <http://www.apa.org/topics/orientation.html>  
APA Publication: Answers to Your Questions for a Better Understanding of Sexual Orientation and Homosexuality
  - <http://psychology.ucdavis.edu/rainbow/index.html>  
Gregory Herek, Ph.D.'s comprehensive website of Sexual Orientation: Science, Education & Public Policy Health Issues
  - <http://www.aidsinfo.nih.gov>  
The U.S. Dept. of Health and Human Services comprehensive website on AIDS

- [www.aids.org](http://www.aids.org)  
Non-profit group providing information and education about AIDS
- <http://www.mautnerproject.org/>  
The Mautner Project---a national lesbian health organization providing assistance to lesbians and women with cancer.
- <http://www.LGBTnationalhelpcenter.org/>  
The LGBTQ National Help Center. Finding support resources in your locale.
- [www.hrc.org](http://www.hrc.org)  
For federal, state, and local laws. (Human Rights Campaign)
- [www.thetaskforce.org](http://www.thetaskforce.org)  
Another website for state laws (National Gay & Lesbian Task Force)
- [www.nclrights.org](http://www.nclrights.org)  
Information for lesbians and same-sex couples (National Center for Lesbian Rights)
- [www.pflag.org](http://www.pflag.org)  
Parents and Friends of Lesbians & Gays. National organization of parents, providing support, education, information and advocacy for LGBTQ community
- <http://www.biresource.org/>  
The Bisexual Resource Center. Provides information, education and support for bisexuals.
- <http://www.gsannetwork.org/>  
Gay Straight Alliance: Educational and support groups in educational settings to promote education about homophobia and sexual identity issues.
- <http://www.projectoutlet.org/>  
Project Outlet – Teen resources and activities
- <http://www.gayteens.org/>  
Gay Teen: Resources
- [www.sunysb.edu/affirm](http://www.sunysb.edu/affirm)  
AFFIRM: Dr. Marvin Goldfried's site for psychologists with gay, lesbian or bisexual family members

- Miscellaneous LGBTQ resources:
  - i. [What Feminists Can Do In Their Local Communities to Combat Homophobia/Biphobia/Transphobia](#)
  - ii. [Advocates for Youth](#)
- [Al-Fatiha Foundation](#)
- [Asian Pacific Islander PFLAG](#)
- [BiNet USA](#)
- [Gay, Lesbian and Straight Educators Network](#)
- [SAGE: The LGBT Aging Project](#)
- [The Audre Lorde Project](#)
- [The Federation of Statewide LGBT Organizations](#)
- [The Gay-Straight Alliance Network](#)
- [The Human Rights Campaign](#)
- [The National Black Justice Coalition](#)
- [The National Center for Lesbian Rights](#)
- [The National Center for Transgender Equality](#)
- [The National Gay and Lesbian Task Force](#)
- [The National Latina/o Coalition for Justice](#)
- [The National Organization for Women](#)
- [The National Youth Advocacy Coalition](#)
- [Transgender Law and Policy Institute](#)
- [Parents, Families and Friends of Lesbians and Gays](#)
- [Family Pride](#)
- [Children of Lesbians and Gays Everywhere](#)
- [The Gay & Lesbian Alliance Against Defamation](#)
- [Lambda Legal](#)
- [American Civil Liberties Union \(ACLU\)](#)
- [The National Center for Lesbian Rights](#)
- [Gay and Lesbian Advocates & Defenders](#)
- [Soulforce](#)
- [Dignity USA](#)
- [Al-Fatiha Foundation](#)
- ["Most Frequently Asked Questions about LGBT People" \(PFLAG\)](#)
- ["Dos and Don'ts for families and friends" of LGBT individuals \(PFLAG\)](#)
- [Equality in the States: Gay, Lesbian, Bisexual and Transgender Americans and State Laws and Legislation \(HRC\)](#)
- [Transgender Civil Rights Project \(NGLTF\)](#)
- [Transgender Reports & Research \(NGLTF\)](#) Recommended reading at this link: Glass Half Full and Transgender Equality: A Handbook for Activists and Policymakers
- [Safe Schools & Youth \(PFLAG\)](#)

- [FAQ on Safe Zones on campus](#) (National Consortium of Directors of LGBTQ Resources in Higher Education)
- [GLAAD.org en Español](#)
- [Somos Latinos](#)
- [San Diego LGBT Community Center](#)
- [Bienestar](#)
- [Amigas Latinas](#)
- [Mano a Mano Listserve para LGBT Latino/a's](#)
- [Para contactar al moderador de Mano a Mano](#)
- [GLAD: Advertencia Para Parejas Binacionales del Mismo Sexo](#)
- [Association of Gay and Lesbian Psychiatrists](#)- many resources offered including a [Directory](#) of therapists who are gay and lesbian affirmative
- [Association of Lesbian, Gay, Bisexual & Transgender Issues in Counseling](#)
- [National Coalition for LGBT Health](#)
- [National Gay and Lesbian Task Force](#)
- [National Youth Advocacy Coalition](#)
- [PFLAG: Parents, Families, & Friends of Lesbians and Gays](#)
- [Pink & Blues](#)- contact Mark Davis, founder of the Philadelphia based LGBTQ peer support and recovery group, for more information.
- [www.bipolarbear.us](#) - the Web site of Stephen Puibello, a member of the NAMI LGBTQ Leaders Group and an advocate for both LGBTQ mental health and HIV/AIDS issues. This site offers some valuable resources, including contact information for self-help and peer support groups as well as LGBTQ community centers supportive of mental health needs.
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## 7. Competency

- i. Cultural Competence Standards in Managed Care Mental Health Services: Four Underserved/Underrepresented Racial/Ethnic Groups” –I printed a copy but now you have to pay for it...can we scan the document in?
- ii. Sue, S. (1998). In search of cultural competence in psychotherapy and counseling. *American Psychologist*, 53(4), 440-448.
  - Introduction (factual information)
    - I. Guiding Principles
    - II. Overall System Standards and Implementation Guidelines
    - III. Clinical Standards and Implementation Guidelines
    - IV. Provider Competencies
  - Glossary

## Resources for Clients

### 1. Minority Clientele

#### a. Latino Clientele

- i. <http://www.hispanicallianceinc.org/members.html>  
Hispanic Alliance Incorporated is a 501 (C) 3 nonprofit corporation in the State of Ohio with the purpose of addressing Hispanic/Latino community needs. This site offers various resources for Latino clients in the greater Cleveland area. Resources include membership to the Hispanic Alliance, a calendar of events, services and benefits (e.g., day care, older adult services, outpatient mental health services, chemical dependency treatment, residential treatment), programming to the Hispanic community (e.g., inpatient and outpatient mental health services for men, women, and children) meetings and activities, and other resources.
- ii. <http://jfs.ohio.gov/Agriculture/OhioHispanicOrganizations.PDF>  
This site offers a list of all Hispanic Organizations in the state of Ohio, as well as what each organization offers. Organizations are arranged according to zip code.
- iii. <http://www-bcf.usc.edu/~cmmr/Latino.html>  
This site is sponsored by the Center for Multilingual, Multicultural Research and offers an array of information regarding cultural history, news, online resources, calendars, and much more.
- iv. <http://www.hispanichealth.org/>  
This is a link to the National Alliance for Hispanic Health, advocates improving lives. It offers health-related programming and information, press releases, and a resource library when clients can look up information related to health concerns.
- v. [http://www.nami.org/Content/NavigationMenu/Find\\_Support/Multicultural\\_Support/Annual\\_Minority\\_Mental\\_Healthcare\\_Symposia/StatusofLatinoMentalHealth-Acosta.pdf](http://www.nami.org/Content/NavigationMenu/Find_Support/Multicultural_Support/Annual_Minority_Mental_Healthcare_Symposia/StatusofLatinoMentalHealth-Acosta.pdf)  
A PowerPoint on the “Current Status of Latino Mental Health in the United States.” References are including in this factual PowerPoint.

#### b. African American Clientele:

- i. <http://www.ogs.org/research/libaframguide.php>  
Information on African American Resource Guides
- ii. <http://www.seorf.ohiou.edu/~xx057/>  
Resources and events for African American history in Southeastern Ohio
- iii. <http://www.rootsweb.ancestry.com/~ohbutler/resources.html>

Large repository of African American history in Butler Ohio

- iv. <http://www.ohiohistory.org/AfricanAm/>  
History of African Americans in Ohio
  - v. <http://www.clevelandpeople.com/groups/africanamerican/africanamerican.htm>  
Resources for African Americans living in Cleveland
  - vi. [http://ucat.osu.edu/CSP/diversity\\_resources-alpha.html](http://ucat.osu.edu/CSP/diversity_resources-alpha.html)  
List of Diversity Organizations
  - vii. <http://www.ohio.edu/culturalcenter/students/index.cfm>  
List of African American and other multicultural groups
- c. LGBTQ Clientele:
- i. <http://www.apa.org/topics/orientation.html>  
APA Publication: Answers to Your Questions for a Better Understanding of Sexual Orientation and Homosexuality
  - ii. <http://psychology.ucdavis.edu/rainbow/index.html>  
Gregory Herek, Ph.D.'s comprehensive website of Sexual Orientation: Science, Education & Public Policy Health Issues
  - iii. <http://www.aidsinfo.nih.gov>  
The U.S. Dept. of Health and Human Services comprehensive website on AIDS
  - iv. [www.aids.org](http://www.aids.org)  
Non-profit group providing information and education about AIDS
  - v. <http://www.mautnerproject.org/>  
The Mautner Project---a national lesbian health organization providing assistance to lesbians and women with cancer.
  - vi. <http://www.LGBTnationalhelpcenter.org/>  
The LGBTQ National Help Center. Finding support resources in your locale.
  - vii. [www.hrc.org](http://www.hrc.org)  
For federal, state, and local laws. (Human Rights Campaign)
  - viii. [www.thetaskforce.org](http://www.thetaskforce.org)  
Another website for state laws (National Gay & Lesbian Task Force)



- ix. [www.nclrights.org](http://www.nclrights.org)  
Information for lesbians and same-sex couples (National Center for Lesbian Rights)
- x. [www.pflag.org](http://www.pflag.org)  
Parents and Friends of Lesbians & Gays. National organization of parents, providing support, education, information and advocacy for LGBTQ community
- xi. <http://www.biresource.org/>  
The Bisexual Resource Center. Provides information, education and support for bisexuals.
- xii. <http://www.gsanetwork.org/>  
Gay Straight Alliance: Educational and support groups in educational settings to promote education about homophobia and sexual identity issues.
- xiii. <http://www.projectoutlet.org/>  
Project Outlet – Teen resources and activities
- xiv. <http://www.gayteens.org/>  
Gay Teen: Resources
- xv. [www.sunysb.edu/affirm](http://www.sunysb.edu/affirm)  
AFFIRM: Dr. Marvin Goldfried’s site for psychologists with gay, lesbian or bisexual family members
- xvi. [www.rainbowbaptists.org/christian.htm](http://www.rainbowbaptists.org/christian.htm)  
Baptist LGBTQ support organization.
- xvii. [www.bmclgbt.org](http://www.bmclgbt.org)  
Brethren Mennonite Council for LGBTQ Interests.
- xviii. [www.gladalliance.org](http://www.gladalliance.org)  
Christian Church (Disciples of Christ) LGBTs.
- xix. [www.emergence-international.org/index.php](http://www.emergence-international.org/index.php)  
Christian Science LGBTQ Resources.
- xx. [www.integrityusa.org](http://www.integrityusa.org)  
Episcopal LGBTQs.
- xxi. [www.ecwr.org](http://www.ecwr.org)  
Evangelicals Concerned (“Safe Place” for LGBTQ Christians).
- xxii. [www.religioustolerance.org](http://www.religioustolerance.org)

- General support site.
- xxiii. [www.whosoever.org](http://www.whosoever.org)  
General support site.
- xxiv. [www.LGBTjews.org](http://www.LGBTjews.org)  
Jewish LGBTQs (World Congress of LGBT Jews).
- xxv. [www.affirmation.org](http://www.affirmation.org)  
LDS/Mormon LGBTQs.
- xxvi. [www.elm.org](http://www.elm.org)  
Lutheran Lesbian & Gay Ministries.
- xxvii. [www.umaffirm.org](http://www.umaffirm.org)  
Methodists for LGBTQ concerns.
- xxviii. [www.mcccchurch.org](http://www.mcccchurch.org)  
Metropolitan Community Church (Christian LGBTQ church).
- xxix. [www.mlp.org](http://www.mlp.org)  
Presbyterian LGBTQ advocacy (More Light Presbyterians) in the church.
- xxx. [www.quaker.org/flgbtqc/index.html](http://www.quaker.org/flgbtqc/index.html)  
Quaker (Friends for LGBTQ & Queer Concerns).
- xxxi. [www.kirkridge.org](http://www.kirkridge.org)  
Religious Retreats (One each year, mid-year, for LGBTQ Christians).
- xxxii. [www.sdakinship.org/](http://www.sdakinship.org/)  
Seventh Day Adventist LGBTQ support organization.
- xxxiii. [www.uua.org/obgltc](http://www.uua.org/obgltc)  
Unitarian Universalist Office of LGBTQ concerns.
- xxxiv. [www.ucccoalition.org](http://www.ucccoalition.org)  
United Church of Christ Coalition for LGBTQ concerns.
- xxxv. Miscellaneous LGBTQ resources:
- [What Feminists Can Do In Their Local Communities to Combat Homophobia/Biphobia/Transphobia](#)
  - [Advocates for Youth](#)

- [Al-Fatiha Foundation](#)
- [Asian Pacific Islander PFLAG](#)
- [BiNet USA](#)
- [Gay, Lesbian and Straight Educators Network](#)
- [SAGE: The LGBT Aging Project](#)
- [The Audre Lorde Project](#)
- [The Federation of Statewide LGBT Organizations](#)
- [The Gay-Straight Alliance Network](#)
- [The Human Rights Campaign](#)
- [The National Black Justice Coalition](#)
- [The National Center for Lesbian Rights](#)
- [The National Center for Transgender Equality](#)
- [The National Gay and Lesbian Task Force](#)
- [The National Latina/o Coalition for Justice](#)
- [The National Organization for Women](#)
- [The National Youth Advocacy Coalition](#)
- [Transgender Law and Policy Institute](#)
- [Parents, Families and Friends of Lesbians and Gays](#)
- [Family Pride](#)
- [Children of Lesbians and Gays Everywhere](#)
- [The Gay & Lesbian Alliance Against Defamation](#)
- [Lambda Legal](#)

- [American Civil Liberties Union \(ACLU\)](#)
- [The National Center for Lesbian Rights](#)
- [Gay and Lesbian Advocates & Defenders](#)
- [Soulforce](#)
- [Dignity USA](#)
- [Al-Fatiha Foundation](#)
- ["Most Frequently Asked Questions about LGBT People"](#) (PFLAG)
- ["Dos and Don'ts for families and friends" of LGBT individuals](#) (PFLAG)
- [Equality in the States: Gay, Lesbian, Bisexual and Transgender Americans and State Laws and Legislation](#) (HRC)
- [Transgender Civil Rights Project](#) (NGLTF)
- [Transgender Reports & Research](#) (NGLTF) Recommended reading at this link: Glass Half Full and Transgender Equality: A Handbook for Activists and Policymakers
- [Safe Schools & Youth](#) (PFLAG)
- [FAQ on Safe Zones on campus](#) (National Consortium of Directors of LGBTQ Resources in Higher Education)
- [GLAAD.org en Español](#)
- [Somos Latinos](#)
- [San Diego LGBT Community Center](#)
- [Bienestar](#)
- [Amigas Latinas](#)
- [Mano a Mano Listserve para LGBT Latino/a's](#)
- [Para contactar al moderador de Mano a Mano](#)

- [GLAD: Advertencia Para Parejas Binacionales del Mismo Sexo](#)
- [Association of Gay and Lesbian Psychiatrists](#)- many resources offered including a [Directory](#) of therapists who are gay and lesbian affirmative
- [Association of Lesbian, Gay, Bisexual & Transgender Issues in Counseling](#)
- [National Coalition for LGBT Health](#)
- [National Gay and Lesbian Task Force](#)
- [National Youth Advocacy Coalition](#)
- [PFLAG: Parents, Families, & Friends of Lesbians and Gays](#)
- [Pink & Blues](#)- contact Mark Davis, founder of the Philadelphia based LGBTQ peer support and recovery group, for more information.
- [www.bipolarbear.us](#) - the Web site of Stephen Puibello, a member of the NAMI LGBTQ Leaders Group and an advocate for both LGBTQ mental health and HIV/AIDS issues. This site offers some valuable resources, including contact information for self-help and peer support groups as well as LGBTQ community centers supportive of mental health needs.
- Mom, Dad, I'm Gay: How Families Negotiate Coming Out by Ritch C. Savin-Williams. American Psychological Association.
- Transgender Care: Recommended Guidelines, Practical Information, and Personal Accounts by Gianna E. Israel, Donald E. Tarver, and Diane Shaffer.
- True Selves: Understanding Transexualism for Families, Friends, Co-workers and Helping Professionals by Mildred L. Brown and Chloe Ann Rounsley.
- Bi Any Other Name: Bisexual People Speak Out by Loraine Hutchins and Lani Kaahumanu.
- Bi Lives: Bisexual Women Tell Their Stories by Kata Orndorff.

## 2. Cultural Events, Venues, Internet Resources, and Support Groups

### i. General:

- <http://www.experiencecolumbus.com/multicultural.cfm>  
List of multicultural facts and events in Columbus
- <http://www.wexarts.org/>  
The Wexner Center for the Arts, an art center with artists from all over the world
- <http://discoverohio.com/multicultural/arts-northeast.shtml>  
List of multicultural events and venues in Northeastern Ohio

### ii. Latino Clientele:

- Esperanza  
3104 West 25<sup>th</sup> St., 4<sup>th</sup> Floor, Cleveland Ohio 44109  
(216) 651-7178  
[www.esperanzainc.org](http://www.esperanzainc.org)
- TropicalCleveland.com  
Gilberto Alvarez, [Events@TropicalCleveland.com](mailto:Events@TropicalCleveland.com)  
(440) 263-5842
- The Ohio Latino Fest is held in Cleveland each Fall.
- <http://www.juliadeburgos.org/festparade.html>
- The Puerto Rican Parade and Latino Fest is held in August each year.
- [http://www.preservationnation.org/issues/diversity/latino-heritage-in-preservation/?gclid=CK\\_AjL7YuaQCFcR05QodBVS90Q](http://www.preservationnation.org/issues/diversity/latino-heritage-in-preservation/?gclid=CK_AjL7YuaQCFcR05QodBVS90Q)  
The National Trust for Historic Preservation offers support to preserve Latino heritage. This site provides links to current events and issues, information on support services and resources, and provides information on how to get involved.
- <http://www.infoplease.com/spot/hhm1.html>  
Hispanic Heritage Month begins on September 15 (the anniversary of independence for five Latin American countries) and lasts through October 15. This site offers fun facts, quizzes, economic and population statistics, and other information about the Hispanic/Latino culture.

iii. African American Clientele:

a. <http://www.thekingartscomplex.com/>

The King Arts Complex, a historic African American art center in Columbus.

b. <http://www.seorf.ohiou.edu/~xx057/>

Resources and events for African American history in Southeastern Ohio

c. African American Dining

Some of the African American-owned restaurants in Columbus include the [Creole Kitchen](#), the [Linden Café](#) and [Eddie George's Grille 27](#).

iv. LGBTQ Clientele:

a. **COLAGE** - COLAGE is a national movement of people with lesbian, gay, bisexual, transgender and/or queer parents. We build community and work toward social justice through youth empowerment, leadership development, education, and advocacy.

Programs include: local chapters, online communities, visibility and support resources, Pen Pal program, the Just For Us publication, youth activism development, local and regional events, and national education and advocacy.

b. The COLAGE Kids of Trans program offers workshops and presentations at national and regional events as well as resources and programs specifically for people with one or more transgender parent/s.

(415) 861-5437. Fax: (415) 255-8345 [kidsoftrans@colage.org](mailto:kidsoftrans@colage.org),

[www.colage.org](http://www.colage.org)

Kids of Trans program: [www.colage.org/programs/trans/](http://www.colage.org/programs/trans/)

c. Pen Pal program: [www.colage.org/programs/penpals/](http://www.colage.org/programs/penpals/)

d. 2nd Gen program (LGBTQ people with LGBTQ parents):

[www.colage.org/programs/2ndgen/](http://www.colage.org/programs/2ndgen/)

e. **FORGE** - For Ourselves: Reworking Gender Expression FORGE is a national education, advocacy and support umbrella organization supporting FTMs, partners, family member, and allies. Materials addressing racism, positive sexuality, violence, and transition. Many resources for building healthy families, resolving problems in relationships, and parenting skills.

[www.forge-forward.org](http://www.forge-forward.org) 414-278-6031

- f. **PFLAG** - Maintains more than 450 affiliate chapters across the country. Some include members of the Transgender Support Special Outreach Network. Parents, Family, Friends of Lesbians and Gays  
(202) 638-1101 Fax: (202) 638-0243  
PFLAG's transgender network (T-NET) can be found at [pflag.org/TNET.tnet.0.html](http://pflag.org/TNET.tnet.0.html)
- g. **National Center for Transgender Equality** - NCTE works for the advancement of transgender people using collaboration, education, and empowerment. 202-903-0112.  
[www.nctequality.org](http://www.nctequality.org)
- h. **NGLTF - Transgender Civil Rights Project** - NGLTF is a national progressive organization working for LGBTQ civil rights. Their Transgender Civil Rights Project works to increase the number of state, local and federal laws that prohibit discrimination based on gender expression and identity. 202-393-5177  
[thetaskforce.org/issues/transgender](http://thetaskforce.org/issues/transgender)
- i. **NCLR** - NCLR advocates for the legal rights of transgender people in the area of parenting, custody/visitation, second-parent adoption, and other important issues. They also provide legal information and referrals.  
Call 800-528-6257 or visit [www.nclrights.org](http://www.nclrights.org).
- j. **Transgender Law and Policy Institute** - A non-profit organization dedicated to engaging in effective advocacy for transgender people in our society.  
[www.transgenderlaw.org](http://www.transgenderlaw.org)
- k. **EMAIL SUPPORT GROUPS:**
- i. **COLAGE on-line communities** - Moderated online lists for youth and adults with LGBTQ parents to build community, get support, and meet new people. Join an age-based list or sign up for the recently created Kids of Trans list. Just sign up on the COLAGE website  
[www.colage.org/programs/online](http://www.colage.org/programs/online)
  - ii. **ACTP Yahoo Group** - Moderated email group for adults (18 and over) with transgender parents.  
Email Zephyr117@comcast.net to sign up.



- iii. **Genderqueer and Transgender Parenting List (GQTGParenting)** - An inclusive community for parents and prospective parents who are transgender, transsexual, gender variant or genderqueer. Their homepage also features a resource list for transgender parents.  
[groups.yahoo.com/group/GQTGParenting/](http://groups.yahoo.com/group/GQTGParenting/)
- iv. **TSParenting Yahoo Group** - Moderated email group for transsexual parents. You must request to become a member.  
[groups.yahoo.com/group/TSParenting](http://groups.yahoo.com/group/TSParenting)
- v. **FTM International** - An international organization serving the FTM community. FTMI\_AFLOAT is a listserv for significant others, family, and friends of FTMs.  
<http://www.ftmi.org>
- vi. **Fluff the Bunny** - A children's story about a bunny's journey of gender discovery.  
[home.comcast.net/~fluffbunny/fluff.html](http://home.comcast.net/~fluffbunny/fluff.html)
- vii. **Genderology** - A directory of transgender resources on the world wide web. [genderology.com](http://genderology.com)
- viii. **Gianna Israel's Gender Library: Family by G. Israel** - Articles by a therapist giving advice to transgender people and their families, including a few essays for transgender parents about coming out to their children.  
[www.firelily.com/gender/gianna/sections/family.html](http://www.firelily.com/gender/gianna/sections/family.html)
- ix. **Linda's Transsexuality Retreat: Links and Information for Transsexual Parents and Their Families** - Website with links to various transgender family websites. The best links provide personal stories from a few trans families.  
[www.lasimpson.org/PARENTS.html](http://www.lasimpson.org/PARENTS.html)
- x. **LiveJournal Community - Transgendered Parents and Parents-To-Be** - This is a LJ community for transgender people and their partners who are parents, parents-to-be or are trying to conceive. You need a LiveJournal account to join this group.  
[www.livejournal.com](http://www.livejournal.com)

- xi. **My Father, She...** - A blog created by the son of a transgender parent who was publicly fired from a private college when she transitioned. There are posts from the son and both parents. [blog.myfathershe.com](http://blog.myfathershe.com)
- xii. **My Husband Betty Message Boards** - Message boards created and moderated by Helen Boyd, author of My Husband Betty, with a focus on partners. Includes a forum devoted to raising kids. Users must log-in to view message board contents.  
[www.myhusbandbetty.com/community/forumdisplay.php?f=34](http://www.myhusbandbetty.com/community/forumdisplay.php?f=34)
- xiii. **My Mommy Is a Boy** - Article discussing issues of transgender parenting with advice for parents coming out and mention of COLAGE Kids of Trans program. (Title taken from the children's story 'My Mommy Is a Boy' which can be ordered at <http://jcarsner.tripod.com/id23.html>) News story at: <http://abcnews.go.com/Health/story?id=4536604&page=1>
- xiv. **The Queer Issue, Two Dads With a Difference - Neither of Us Was Born Male** - P. Califia-Rice. Village Voice. June 21, 2000.  
[www.villagevoice.com/issues/0025/califia-rice.php](http://www.villagevoice.com/issues/0025/califia-rice.php)
- xv. **A Seat on the SOFFA** - A blog written by Monica Canfield-Lenfest about her work to increase visibility and develop resources for people with transgender parents.  
[supersoffa.blogspot.com](http://supersoffa.blogspot.com)
- xvi. **Susan's Place, Transgender Resources** - A good place to search for Transgender information, articles, groups and so on.  
[www.susans.org](http://www.susans.org)
- xvii. **Transfamily** - Homepage of Transfamily of Cleveland, a support network created by the parents of a transgender person. This website includes links, email lists, books, and other resources for family members of transgender persons.  
[www.transfamily.org](http://www.transfamily.org)
- xviii. **Transparentcy** - A great website, dedicated to the protection of transgender people's right to be a parent,

and their love for their children.

[www.transparency.org](http://www.transparency.org)

- xix. **Transsexualism FAQ for Significant Others, Friends, Family and Allies** - A Trans 101 for people close to someone undergoing a gender transition.

[www.tsfaq.info/cgi-bin/index.cgi](http://www.tsfaq.info/cgi-bin/index.cgi)

- xx. **With Change, Acceptance is Key, Two Brothers Share How They Coped When Their Father Decided to Become a Woman**, Lane DeGregory. St. Petersburg Times. April 15, 2007.

[www.sptimes.com/2007/04/15/news\\_pf/Floridian/With\\_change\\_acceptan.shtml](http://www.sptimes.com/2007/04/15/news_pf/Floridian/With_change_acceptan.shtml)

### 3. Scholarships

- a. **Lee Dubin Scholarship sponsored by COLAGE**

The Lee Dubin Scholarship is for students who have one or more lesbian, gay, bisexual, transgender, and queer (LGBTQ) parents. The scholarship is to help fund undergraduate students who have a demonstrated ability in and commitment to affecting change in society and have financial need.

[www.colage.org/programs/academic/leedubin.htm](http://www.colage.org/programs/academic/leedubin.htm)

- b. **The Transgender Scholarship and Education Legacy Fund** This scholarship is available to transgender students who wish to pursue a career social services, health care, religious instruction, teaching, or law. The requirements and deadline information is listed below. Scholarship applications are available online at:

[www.tself.org](http://www.tself.org) (781) 899-2212 TSELF e-mail: [carrie@tself.org](mailto:carrie@tself.org)