Who We Are

Summit Psychological Associates is a mental health agency founded in 1984. Its mission is to provide the highest quality, cost effective behavioral health care to individuals, couples, families and organizations. Our staff consists of professionals from the major behavioral healthcare disciplines who are dedicated to helping people live healthier, happier and more productive lives.

With outpatient treatment offices and forensic departments in Akron, Canton, and Ravenna, the company serves clients in Summit, Stark, Portage, and surrounding counties. In addition to the agency’s outpatient offices, Summit Psychological Associates also manages the Behavioral Health Unit at the Summit County Jail.

Our Mission

To provide comprehensive behavioral healthcare by a culturally and linguistically competent staff that utilizes evidence-based treatment to promote recovery, dignity and well-being to consumers, their families and the community.

Vision

Develop a professionally diversified company that successfully meets the behavioral healthcare needs of stakeholders through continuous quality improvement while maintaining professional accountability and financial stability.

“For more than three decades, I’ve called Northeast Ohio my home, both personally and professionally. At Summit Psychological Associates, we’ve been able to continually support those in need of behavioral healthcare due to the hard work of our employees and the invaluable community partnerships we’ve developed. In our 2015 Annual Report we display our commitment to the community and an inside look at our agency. My team and I look forward to serving the communities of Northeast Ohio for many years to come.”

James A. Orlando, Ph.D.
President
Individual Therapy and Psychiatry
Summit Psychological Associates provides outpatient counseling and psychiatry for people of all ages. Our highly trained staff provide quality care and cover a variety of issues. Our staff consists of professionals from the major behavioral health care disciplines who are dedicated to helping people live healthier, happier, and more productive lives.

Case Management
Individual clinicians have historically provided case management linkage services to community support organizations. In an effort to improve this service, the company has implemented a case management program and has hired case managers to ensure prompt and effective service.

Vivitrol Treatment Program
Summit Psychological Associates provides medication assisted treatment to individuals with opioid addiction. The company, in conjunction with Oriana House Rigel Recovery Services, provides psychiatry, case management, substance abuse treatment, mental health treatment services and VIVITROL injections. Clients must meet program eligibility criteria and be opioid free at the time of injection.

Evaluations
The agency is well known for providing comprehensive psychological evaluations to individuals for numerous issues such as child custody evaluations, offender risk assessments, guardianship, NGRI, competency, gastric bypass, and pain management. In addition, pre-employment evaluation services are also provided to several public and private organizations throughout Northeast Ohio.

Group Therapy
The agency offers several group therapy options for those needing a more involved and peer supported setting.

  Sex Offender Treatment
Summit Psychological Associates has a long history of providing quality treatment options for sex offenders. The sex offender programs offer specialized services for individuals with mental illness and developmental disabilities, as well as juvenile offenders. All sex offender programs focus on issues such as accountability, victim empathy, the sexual offense cycle, and relapse prevention. Reintegration assistance into the community is also provided to clients.

  Conflict Solutions Anger Management Program
The Conflict Solutions program provides services to both males and females struggling with anger management issues. Programs help individuals identify the factors that led to violent behavior and provide strategies for preventing future violence.

  New Foundation Drug and Alcohol Program
The New Foundation drug and alcohol treatment program provides individuals with the support needed to help battle drug and alcohol issues. Our drug and alcohol treatment programs integrate empirically supported methods that help individuals progress through the stages of treatment.

  New Directions
This is a 12 week, trauma based program geared toward women leaving prostitution or exposed to the trauma of sex trafficking. This program focuses on changing one’s behavior and thinking by promoting personal development, understanding emotions, increasing coping skills and other evidence-based cognitive therapy based methods.

  Pride in Parenting
Our 10-week course assists clients in improving their parenting skills. We use a combination of advisory lessons and practical exercises during each session in order to improve the parent-child relationship and create a positive and safe home environment for families.
Community involvement is a vital part of our business strategy. In all aspects of our work, we service our local community. From referrals by the county alcohol, drug and mental health boards, to referrals from the county courts and city governments, to physician office referrals and individuals that seek us out for help, we are tightly integrated into Summit, Stark and Portage counties. Here are just a few of the ways we give back to the community with our personal time.

**ADM 5K Recovery Challenge**
2015 brought the opportunity to participate in the ADM's Recovery Challenge 5K in May. Individuals in recovery from addiction and/or mental illnesses face obstacles and challenges. Participants in the 5K faced nine challenges throughout the course as a reminder of the obstacles and challenges those in recovery face.

**Summit, Portage and Stark County NAMI Walks**
NAMI, the National Alliance on Mental Illness, is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. We joined thousands of concerned citizens in over 85 communities across the nation to raise money and awareness to ensure vital, free NAMI programs and services are available to provide help and hope to those in need.

**Community Volunteer Efforts**
In honor of Summit Psychological Associates 30th anniversary, staff made a commitment to volunteer at various organizations within the community. The original goal was set at 300 annual hours of volunteer service. Employees quickly exceeded expectations and met that goal within a few months. Employees continue to maintain the strong commitment to volunteer service within the community.

Our staff members have volunteered in many different ways throughout the community. Here are just some of the organization to which we donated our time and money:

- Ronald McDonald House
- Akron Canton Regional Foodbank
- Samaritan’s Purse - Operation Christmas Child
- ADM Recovery Challenge
- NAMI Walks
- Church and youth group volunteering
In order to better serve our clients and community partners, we have expanded our service locations and office properties.

**New Service Area:** In June 2015, Summit Psychological Associates expanded its partnership with Oriana House, Rigel Recovery Services into Tiffin and Fremont, Ohio. Together we work hand-in-hand to provide mental health and substance abuse treatment.

**Expanded Clinical Office - Akron:** We finalized renovations to our clinical office in downtown Akron, Ohio by adding 10 new offices and three new group therapy rooms.

**Administrative Office:** A new administration building was also purchased at 90 N Summit St., Akron, Ohio, right around the corner from our clinical office. The new administration building will house those individuals immediately responsible for running and managing the day to day operations of the business. A gathering space, large enough to host a seminar or lecture, will also be part of the new administrative office. Clinical operations in Akron will continue to run out of the 37 N Broadway location.

**Service Expansion into the Glenwood Jail**
Our forensic services have been expanded to include Glenwood Jail. Summit Psychological Associates will provide mental health, psychiatry and reentry services to offenders serving their sentence at Glenwood Jail. In addition, reentry planning will be offered to all offenders with sentences over 14 days.

**Service Expansion into Medina County**
We were awarded the contract from the Medina County Juvenile Court to treat juvenile sex offenders.
Expanded VIVITROL Treatment Program
By the end of 2015, Summit Psychological Associates treated 129 opiate addicted individuals in the VIVITROL Treatment Program.

VIVITROL is a once a month injectable form of Naltrexone. It helps reduce cravings and block the effects of opiates for 30 days. VIVITROL can be used to treat dependence to heroin, prescription opiates and alcohol.

Case Management/CPST Services
Summit Psychological Associates added case management/CPST to its list of client services. CPST services include but are not limited to: Assessment of client’s needs; coordination in the delivery of services; symptom monitoring; linkage to natural support systems in the community; advocacy and outreach; facilitation and development of activities related to daily living; and mental health interventions that address symptoms, behaviors, and thought processes to help eliminate barriers for recovery.

OhioMHAS Renewed Accreditations/Recertifications
Behavioral Health Counseling & Therapy
Community Psychiatric Supportive Treatment (CPST)
Mental Health Assessment
Pharmacologic Management
Sex Offender Treatment - Adult and Juvenile
Alcohol and Drug Addiction Program Outpatient Treatment
Outpatient Treatment

Summit County
Portage County
Stark County
Summit County and Medina County
Summit County, Portage County and Stark County
Summit County

CARF International Accreditation
CARF International (Commission on Accreditation of Rehabilitation Facilities) has awarded Summit Psychological Associates with a three year accreditation for the following programs.

• Outpatient Treatment: Mental Health (Adults)
• Outpatient Treatment: Mental Health (Children and Adolescents)
• Outpatient Treatment: Mental Health (Criminal Justice)
• Case Management/Service Coordination: Mental Health(Adults)

State of Ohio Department of Youth Services
Re-certification to provide juvenile sex offender treatment services.

Ohio Department of Rehabilitation and Correction
Adult sex offender treatment program recertification
2015 VIVITROL PROGRAM OUTCOMES

Residential vs. Community

<table>
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<tr>
<th>Insurance Type</th>
<th>Pending MCD</th>
<th>MCD Eligible</th>
<th>Private Pay</th>
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<tr>
<td>% at Entrance reporting opioid cravings</td>
<td>92%</td>
<td>8%</td>
<td>0%</td>
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<tr>
<td>% at 3rd injection reporting opioid cravings</td>
<td>92%</td>
<td>8%</td>
<td>0%</td>
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<tr>
<td>% at 9th injection reporting opioid cravings</td>
<td>92%</td>
<td>8%</td>
<td>0%</td>
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</tbody>
</table>

Scheduling Accessibility

- 1st Injection Scheduled within 14 days of assessment
- 1st Injection Scheduled outside 14 days of assessment

Opioid Cravings from entrance to 9th injection

- % at Entrance reporting opioid cravings
- % at 3rd injection reporting opioid cravings
- % at 9th injection reporting opioid cravings

Alcohol Cravings from entrance to 9th injection

- % at Entrance reporting alcohol cravings
- % at 3rd injection reporting alcohol cravings
- % at 9th injection reporting alcohol cravings

Improved Relationship Status

- At least 50% of clients reporting improved personal relationships by 3rd injection
- At least 80% of clients reporting improved personal relationships by 9th injection

Improved Employment Status

- At least 50% of clients reporting improved employment status by 3rd injection
- At least 50% of clients reporting improved employment status by 9th injection
We treat a variety of individuals with a variety of behavioral health disorders. Many of our clients are referred to us from local government organizations such as the county courts, jobs and family services, mental health boards, as well as fire and safety departments. We also treat individuals referred from physicians and other mental health agencies that are unable to provide a specific service. We regularly survey our clients’ satisfaction to ensure we’re meeting or exceeding their expectations as a mental health provider.

Average Scores from Client Satisfaction Surveys
The Rating Scale: 1 = Poor 2 = Below Average 3 = Above Average 4 = Excellent

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<tr>
<th></th>
<th>Ease of Access</th>
<th>Clinician Effectiveness</th>
<th>Dignity and Respect</th>
<th>Personal Improvement</th>
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<tr>
<td>Akron Forensic</td>
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<td>3.57</td>
<td>3.65</td>
<td>3.46</td>
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<td>Akron Non Forensic</td>
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<td>3.08</td>
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<td>Canton Forensic</td>
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<tr>
<td>Canton Non Forensic</td>
<td>3.53</td>
<td>3.60</td>
<td>3.66</td>
<td>3.48</td>
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CLIENT DEMOGRAPHICS

AGE - PERCENT BREAKDOWN

- 0-5 (Children): 12%
- 06-17 (Adolescent): 6%
- 18-40 (Adult): 60%
- 41-65 (Adult): 15%
- 66-85 (Adult): 6%

GENDER - PERCENT BREAKDOWN

- Female: 32%
- Male: 68%

RACE - PERCENT BREAKDOWN

- African American/Black: 2%
- White: 14%
- Other 2 or More Races: 84%
We receive funding from a variety of sources. While slightly more than half comes from insurance companies and from individuals who self-pay, additional funding comes from county mental health boards and government contracts. While Summit Psychological Associates is technically a for-profit, we operate much like a not for profit business in order to provide quality services to those in need.

**EXPENSES**

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<th>Item</th>
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<td>Salary, Wages &amp; Benefits</td>
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<td>Operating Expenses</td>
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<td>Facility Costs</td>
<td>$306,953</td>
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<td>Total</td>
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**INCOME**

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<tr>
<td>Contracts</td>
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<tr>
<td>Insurance</td>
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<td>Self-Pay</td>
<td>$599,008</td>
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<tr>
<td>Total</td>
<td>$3,387,516</td>
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**Reach Your Peak Health**

We’ve been providing comprehensive mental health and addiction services for over 30 years. We employ a diverse staff, trained in the most up-to-date, evidence based practices, for mental wellness and recovery. Our clients’ privacy, dignity and overall well-being are at the core of who we are.

**Locations**

To serve our clients more efficiently, Summit Psychological Associates, Inc. has outpatient offices conveniently located throughout Ohio. We are open days and evenings. Call any outpatient location to schedule a confidential appointment.

- **Administrative Offices**
  37 N. Broadway Street
  Akron, Ohio 44308
  330.535.8181  Fax: 330.535.9303

- **Akron, Ohio**
  37 N. Broadway Street
  Akron, Ohio 44308
  330.535.8181  Fax: 330.535.9303

- **Canton, Ohio**
  Belden Village Tower
  4450 Belden Village St, NW Suite 701
  Canton, Ohio 44718
  330.493.2554  Fax: 330.493.9520

- **Ravenna, Ohio**
  Chestnut Medical Arts Bldg
  6693 N. Chestnut Street Suite 235
  Ravenna, Ohio 44266
  330.296.3700  Fax: 330.298.1460

- **Medina, Ohio**
  Court Annex Building
  755 Independence Dr
  Medina, OH 44256
  330.535.8181  Fax: 330.535.9303

- **Fremont**
  103 South Front Street
  Fremont, Ohio 43420
  800.967.3327

  **Toll Free:** 800.967.3327  
  **TDD:** 877.375.9689

**Accreditations, Affiliations & Certifications**

- Summit Psychological Associates is certified by Ohio Department of Mental Health & Addiction Services (OMHAS) to provide mental health services, substance abuse services, and Community Psychiatric Supportive Treatment (CPST).

- Summit Psychological Associates is an affiliate of the County of Summit Alcohol, Drug Addiction & Mental Health Services Board.

- CARF has accredited Summit Psychological Associates for these programs: Outpatient Treatment: Mental Health (Adults), Outpatient Treatment: Mental Health (Children and Adolescents), Outpatient Treatment: Mental Health (Criminal Justice), and Case Management/Service Coordination: Mental Health (Adults).